



Helen Davidson Indest

November 4, 1930 - September 10, 2020

Helen Davidson Indest passed away on Thursday, September 10, 2020 at the age of 89. She was a native Louisianian and a resident of Metairie, LA.

Beloved mother of Bill Indest (Marci), Connie Indest, David Indest (Peggy), and Elizabeth Indest. Grandmother of Amy Indest, Ashley Indest Glotzbecker (Greg), Camille Indest and Will Indest. Great grandmother of Ben Glotzbecker.

Daughter of the late Helen Knight Davidson and Everett Corwin Landis and later adopted by Norman Davidson. Sister of Mike Davidson (Margie).

Helen was raised in Houma, attended boarding school in Franklin, studied at LSU and moved to New Orleans after marrying Bill Indest. Mother of four rambunctious children, Helen's abundant patience was tested frequently. She was kind, considerate and compassionate to everyone. She usually showed that by sharing her superior culinary

delights which included Cajun comfort food learned from her childhood living down the bayou to a more sophisticated Julia Child style and everything in between. Those who were lucky enough to score her crawfish bisque or okra gumbo always said their palates were forever ruined for anyone else's.

Helen lived a somewhat adventurous life moving to the French Quarter after raising her family. She befriended some of the Quarter's characters and loved sharing stories about her experiences. Helen made a career in hospitality which was a beautiful fit for her gracious nature, but she also sold airplanes and trained as a phlebotomist!

She was a smart woman but not showy about it. It was simply obvious in her

beautifully written thank you notes, her quick wit and her conversations. She kept up on current events not only because she was interested but because she wanted to remain interesting-something she never had to be concerned about. She was a cheerful person and lived life by adding a dose of humor or by seeing the silver lining. Helen loved a beautifully set table, fresh seafood, the Saints, LSU football, furry friends and telling stories.

Helen Indest was truly a delight who fiercely loved her family and we will miss her calls every Monday.

The family would like to thank Dr.Gopalan and the staff at Ochsner and the loving team at Academy House for their compassion and wonderful care.

On September 24th Helen will be remembered at the 9:30 am parish mass at St. Christopher's Church in Metairie. In memory of Helen, surprise your neighbors with a meal or baked goods, do a random act of kindness or show your loved ones just a little more love today.

To share memories or condolences, please visit www.muhleisen.com

Previous Events

Memorial Mass

SEP **24.** 9:30 AM (CT)

St. Christopher the Martyr Catholic Church
3912 Derbigny Street
Metairie, LA 70001

Tribute Wall



“ *Helen Davidson Indest*

October 15, 2023 at 09:39 PM



“ *LiLi & Chris Wells lit a candle in memory of Helen Davidson Indest*



LiLi & Chris Wells - October 10, 2020 at 02:04 PM



My cousin's light burns in all of us for our ever. She was so loved.

LiLi - October 10, 2020 at 02:06 PM



“ *Our sincere condolences and prayers are with you Liz and the entire Indest family. May your memories give you comfort and joy as you look back on times when there was no pain. May God strengthen you all as you grieve.*

Veronica Cheneau - October 01, 2020 at 10:47 AM



“ *David and Family,
So sorry to hear of the passing of your Mother. I know she is heaven with God the Father, Jesus, and the Holy Spirit.
Sincerely,
Stan Kottemann, Jr.*

Stan Kottemann, Jr. - September 21, 2020 at 02:13 PM

BC

“ So very sorry for your loss. She was truly a special person. She was our customer, but she treated us like family. She was always so sweet and such a pleasure to talk to. I've enjoyed many long conversations with her and always looked forward to talking with her. She even surprised my husband, Dave, with one of her famous carrot cakes for his birthday. That was the best cake we've ever eaten. She was one of my most favorite customers, and a friend. She will missed dearly.

Betty Cefalu - September 21, 2020 at 11:56 AM