



Helen Hebert Abate

October 10, 1934 - January 31, 2022

Helen Hebert Abate passed away on Monday, January 31, 2022, at the age of 87. She was a native of New Orleans, LA and resided in Kenner and St. Rose for many years before becoming a resident of Monroe, LA.

Beloved wife of the late Peter Salvadore Abate. Loving mother of Lana Abate Haire (Paul) and Linda Abate Ventline (Randy). Grandmother of Nicole Newman Dufrene (Andrew) and Paul Wayne Haire, Jr. (Allyson Roessler, fiancée). Daughter of the late Helen Landry Hebert and John Joseph Hebert. Sister of the late Rosemary Hebert Hedrick (James) and Ranella Hebert Bonura (Raymond "Buddy"). Also survived by Susan Bonura Hebert (Larry) and Sammy J. Bonura.

Helen graduated from Kenner High School in 1954 where she was active in all sports, a cheerleader and drum majorette. Helen's true love of sports was reflected by her passion for LSU football. She coached girls' sports at Our Lady of Perpetual Help over a span of thirty years winning several district and parish championships. She was an avid bowler and won many Jefferson Parish Volleyball Championships as a member of the Delta Demons. She retired from Gulf industries in Covington, LA.

Relatives and friends are invited to attend the Visitation and Funeral Mass at St. Charles Borromeo Catholic Church, 13396 River Rd., Destrehan, LA on Monday, February 7, 2022. Visitation at the church from 9:30 a.m. to 11:00 a.m. followed by a Funeral Mass at 11:00 a.m. Interment in St. Charles Borromeo Cemetery, Destrehan, LA.

Arrangements by L.A. Muhleisen & Son Funeral Home. To share memories or condolences, please visit www.muhleisen.com

Cemetery Details

St. Charles Borromeo Cemetery

13396 River Rd.
Destrehan, LA 70047

Previous Events

Visitation

FEB 7. 9:30 AM - 11:00 AM (CT)

St. Charles Borromeo Catholic Church
13396 River Road
Destrehan, LA 70047

Mass

FEB 7. 11:00 AM (CT)

St. Charles Borromeo Catholic Church
13396 River Road
Destrehan, LA 70047

Tribute Wall



“ *Helen Hebert Abate*

October 15, 2023 at 09:39 PM



“ *Coach Helen was an amazing woman, mentor, and friend. She was a role model to everyone she coached at Our Lady of Perpetual Help. Your mom was a wonderful woman and a dynamic person. I am one of the many lives that your mother touched during her life and I am sorry for your loss. She was the utmost competitor, coaching us in heels and a full face of make up. Coach Helen taught us so much more than sports and I am a better person today from her influence. Please accept my sincere condolences for your loss.*

Sincerely,

*Lisa Bode Hardouin
Class of 1984*

Lisa Hardouin - February 07, 2022 at 12:03 PM



“ *Helen was a wonderful person.. Our deepest sympathy too the family 🙏*

John and Joyce Fishel



Joyce Fishel - February 07, 2022 at 08:32 AM

FM

“ My mom Frances Mollere is saddened by this news. She told me all about the wonderful times they had for decades!! Volleyball, bowling!! She was a very true friend and she will be missed. My mom sends prayers for all of you, along with me. Beautiful friend to my mom. Hugs and is now eternally living with all her loved ones!! Gif bless all of you.

frances Mumphrey Mollere - February 07, 2022 at 12:03 AM

FM

God Bless all of you, and so sorry she can not be there.

frances Mumphrey Mollere - February 07, 2022 at 12:05 AM